

Adult Drop-in  
Bereavement  
Support Service

Cruse  
Bereavement  
Support

All adults from Hedon and Holderness are  
welcome.

Join us at the Community Junction Coffee  
Lounge on the **third Thursday** of each month.

Hedon Methodist Church, 5 Church Lane,  
HU12 8EL

Come along anytime between 4:15 - 6:00pm,  
no appointment necessary



The drop-in is run by trained Cruse volunteers who will provide  
a safe, confidential and non-judgmental environment.

The Drop-in will offer:

Immediate short term bereavement support from trained Cruse  
volunteers.

Information about grief and the support available from Cruse and other  
agencies

The opportunity of referral for one to one support with local Cruse

For more Information contact the Hull Cruse Branch on 01482 565565 or email  
[hull@cruse.org.uk](mailto:hull@cruse.org.uk)